



Engaged and Connected: Creating Positive Change!

April 15th, 2021

Virtual Conference

Thursday, April 15, 2021

9:00am – 9:05am

Welcome, Region V Virtual Conference

Mark A. Ross, Region V Director *Miami Dade College*

9:05am – 9:10am

AFC President, Opening Remarks (Story time)

Ray Coulter, 2021 AFC President, *Palm Beach State College*

9:15am – 9:25am

AFC CEO, AFC Update

Marsha Kiner, AFC CEO

9:30am – 10:00am

Legislative Update

Jessica Kummerle, *College of Central Florida*

9:55am – 10:25am

Avengers Assemble. No, Wait I Mean Colleges Assemble

Joan Rivera, *Indian River State College*

The new normal seems to have a darkness shrouding our lives, it is reminiscent of the darkness you see in every picture of Batman's beloved Gotham City. It has crept into every part of our world and impacted our coworkers and our students. It's time that we embrace our roles as superheroes and assemble against the forces of darkness to bring about a better world. Join forces with me to stop the darkness, let's identify our superpowers together and come up with plans to combat the darkness together. College's Assemble.

10:30am – 10:55am

"Self-reflection: ME and WE a reflection"

Dr. Sankaranarayana Chandramohan, *Palm Beach State College*

Self-reflection leads to enhanced engagement and connectedness for a positive outcome

11:00am – 12:00pm

Change making at your institution: What's your super power?

Donna Fishkin, *Miami Dade College*

Dr. Kelly Hernandez, *Miami Dade College*

In this fun and informative session, participants will learn about Miami Dade College (MDC)'s journey as an Ashoka U-designated change making institution. More specifically, the presenters will focus on one of the eight campuses of MDC, the Medical Campus. Participants will learn about the change making vision of this campus and the lessons learned along the way. Attendees will participate in an informal assessment which will survey their institution's "superpower" attributes of change making: reflection, action, resilience, and empathy.

11:00am – 12:00pm

Workforce, Adult and Continuing Education

What is WACE, and what's in it for me?

Eligio Marquez Jr., *Chair AFC-WACE Commission*

The AFC-WACE Commission has not been recognized much in the association as it should be. WACE is a great resource for our members not only to achieve Professional Growth and Development, but community, innovation, and networking with each other. In this short session we will explain what we do in WACE and what are the benefits of being a member of this commission.

12:30pm – 1:30pm

Lunch with your Chapter

1:45 – 2:15pm

Virtual Events 2.0

Teresa Simeon, *Broward College*

Miguel Ramirez, *Broward College*

The rethinking and redesigning of events as Virtual/hybrid experiences brings with it challenges that require new ways of thinking about events. So, in the spirit of continued growth for all of us in the crazy world of event planning, we've created a PowerPoint presentation that every pro can learn a little something from.

2:20pm – 2:50pm

Minding Your Mind: Personal Strategies for Staying Well and Resilient

Lisa Elsinger, *Broward College*

We are all feeling the effects of the past year's events, including transitions associated with the pandemic. In many cases, the volume of our work has increased, along with the time needed to accomplish what we need to do each day. Taking care of ourselves slips lower on the priority list as we take care of everyone and everything else. This session will share insights on how little time it can take to feel a sense of renewed energy and mental clarity. Refraining from extreme activities enables us to reap the rewards of accumulating mindful moments into our days, and to benefit from consistent minor actions that support our well-being. You may be surprised at how little effort it really takes to create a sense of well-being – a minute at a time!

3:00pm – 3:30pm

MDC – MAC Project SEED

Dadilia Garces, *Miami Dade College*

Project S.E.E.D (Serving Everyone Embracing Diversity), is a community outreach project hosted by the Physician Assistant students where they participate to provide disease prevention and health promotion to the migrant worker population. This assists in developing leadership skills and promotes integration into the physician assistant profession.

3:45pm – 4:30pm

Closing Remarks & Thank You's

Region V Chapter Presidents