



AFC
ASSOCIATION OF
FLORIDA COLLEGES

REGION ONE

CHIPOLA • GULF COAST • NORTHWEST FLORIDA
PENSACOLA • TALLAHASSEE

Virtual Spring Conference

FRIDAY, APRIL 16, 2021

RESTART, REIMAGINE.....

**BUILDING FOR
CHANGE**

Hosted by:
TALLAHASSEE COMMUNITY COLLEGE
TIME: 9:00AM (EST) - 5:00PM (EST)

Region One Joint Spring Conference with



Welcome to the 2021 AFC Region 1 Conference



Welcome to the Association of Florida Colleges Region 1 Virtual Spring Conference.

By attending this conference, you are not only making an investment in your own professional development, but also in our institutions. The stronger our teams are, the better we can serve our students and advance the community college mission.

It's never been more important than now to embrace change. We are in the midst of the greatest disruption in the history of education with the COVID-19 pandemic. We are also experiencing significant shifts in the educational environment and the way we deliver support services. Change is not something we can avoid, nor should we want to.

As you take part in the conference, I hope you will find value in strategies that embrace the opportunity that change brings. Most of all, I hope you enjoy yourself and come away renewed in your commitment to the great work that we do. Enjoy!

Jim Murdaugh

Tallahassee Community College President



It is my pleasure to welcome each of you to the 2021 Association of Florida Colleges Joint Spring Conference. In collaboration with the Administration, Career & Professional Employees, Healthcare Education and Technology Commissions and the Retirees Committee we have brought together great presentations from several outstanding speakers.

I hope you find today's conference to be a stimulating and informative event.

On behalf of Tallahassee Community College, the Commissions, the Committee and all the members of Region 1, "You are Welcome!"

Sharon Walker

2021 AFC Region 1 Director



Question: A man dressed in all black is walking down a country lane. Suddenly, a large black car with no lights on comes around the corner and screeches to a halt. How did the car's driver know he was there?

When you find out the answer, you are going to go "Man, that was so obvious!" Like so many things in life, what might seem like it should be obvious, can teach us something new when presented a different way.

As a member of the Florida College System and AFC, you are an integral part in our collective student success. You are great at your job, you are a mentor to your co-workers and a guiding influence to your students. However, we are always learning and today's

Region I Spring Conference is no different. As the TCC AFC Chapter President, I welcome you virtually to our campus and thank you for attending, presenting and being part of the mission of AFC. PS...The answer is it was daytime.

Enjoy!

Desiree Gorman

AFC Chapter President

Tallahassee Community College

Thank you to our Conference Partners



**RETIREE
COMMITTEE**

Randey Burnett, Chair



Gloria Williams, Chair

Technology Commission



Jessie Clayton, Chair



Tonya Hardaway, Chair



**ADMINISTRATION
COMMISSION**

Conference Agenda

9:00 – 9:15 AM MEET & GREET/TRIVIA ICEBREAKER

**9:15 – 9:45 AM WELCOME/GREETINGS: DR. JIM MURDAUGH, PRESIDENT,
TALLAHASSEE COMMUNITY COLLEGE**

**DESIREE GORMAN, AFC CHAPTER PRESIDENT,
TALLAHASSEE COMMUNITY COLLEGE**

RAY COULTER, AFC PRESIDENT, PALM BEACH STATE COLLEGE

MARSHA KINER, EXECUTIVE DIRECTOR, AFC

**9:45 – 10:00 AM LEGISLATIVE UPDATE: CANDICE GRAUSE,
TALLAHASSEE COMMUNITY COLLEGE**

**10:00 – 10:45 AM RETIREES COMMITTEE PRESENTS “NEXT STEPS TO RETIREMENT: BEFORE,
DURING AND LEAVING DROP” – JACK GREENE, CFP, RAYMOND JAMES
FINANCIAL SERVICES ADVISORS, INC**



JACK'S JOURNEY INTO THE FINANCIAL INDUSTRY STARTED WITH ONE OVER ARCHING GOAL: THE GENUINE DESIRE TO HELP PEOPLE. IN 2017, HE EARNED THE GLOBALLY RECOGNIZED CERTIFIED FINANCIAL PLANNER™ DESIGNATION. JACK'S PURPOSE IS TO EMPOWER HIS CLIENTS, PROVIDING THEM CLARITY AND UNDERSTANDING. HIS AREAS OF EXPERTISE INCLUDE COMPREHENSIVE FINANCIAL PLANNING, PORTFOLIO CREATION AND MANAGEMENT AND DIVERSIFYING CONCENTRATED EQUITY POSITIONS. HE HOLDS THE SERIES 7 AND SERIES 66 SECURITIES LICENSES, AND IS ALSO LIFE, HEALTH AND VARIABLE ANNUITY LICENSED WITH THE STATE OF FLORIDA. JACK IS ALSO REGISTERED AS AN INVESTMENT ADVISER REPRESENTATIVE WITH RAYMOND JAMES FINANCIAL SERVICES ADVISORS, INC.



10:45 – 11:00 AM WHY AFC? TRACY GLIDDEN, EASTERN FLORIDA STATE COLLEGE



11:00 – 11:15 AM ANNOUNCEMENTS

11:15 – 12:00 PM TECHNOLOGY COMMISSION PRESENTS: “TIME TO START SLACKING: RETURNING PRESENCE AND CONNECTION TO OUR ONLINE CLASSROOMS WITH SLACK” – DR. BELKIS L. CABRERA, MIAMI DADE COLLEGE, PADRON CAMPUS



DOES YOUR BLACKBOARD SHELL FEEL LIKE A SHELL OF YOUR FACE-TO-FACE CLASS? ARE YOU STRUGGLING TO CREATE AN ENGAGED AND ENGAGING LEARNING ENVIRONMENT? DO YOU FEEL DISCONNECTED FROM YOUR STUDENTS? NOW MORE THAN EVER, WE NEED AND ARE CRAVING CONNECTIVITY, COLLABORATION, AND COMMUNITY. LUCKILY, THERE ARE A FEW TEAM COMMUNICATION APPLICATIONS THAT ARE TRANSFORMING STERILE DIGITAL SPACES AND INTERACTIONS INTO LIVELY TEACHING AND LEARNING HUBS. IN THIS SESSION, WE WILL EXPLORE HOW EDUCATORS CAN BENEFIT FROM INCORPORATING SLACK INTO THEIR CURRICULUM. SLACK IS A CLOUD-BASED, INTUITIVE, FLEXIBLE INSTANT MESSAGING TOOL THAT ALLOWS EDUCATORS AND STUDENTS TO ESCAPE THE CONFINES OF THEIR LEARNING MANAGEMENT SYSTEM. SO, IF YOU CRAVE BETTER QUALITY COMMUNICATION AND DIVERSE FORMS OF PARTICIPATION, MAYBE IT'S TIME TO START SLACK-ING.

12:00 NOON LUNCH

1:00 – 1:15 PM LINDSEY EDSON: ZOOM UNIFIED COMMUNICATIONS



NO MATTER WHERE EDUCATION TAKES PLACE, ZOOM CAN HELP ENGAGE STUDENTS, FACULTY, AND STAFF FOR LEARNING, COLLABORATION, AND ADMINISTRATION.

1:15 – 2:00 PM KEYNOTE SPEAKER: KEN LAWSON, BOARD MEMBER, NORTH CAROLINA OUTWARD BOUND SCHOOL



KEN LAWSON IS THE INTERIM EXECUTIVE DIRECTOR OF THE NORTH CAROLINA OUTWARD BOUND SCHOOL. FOR NEARLY A DECADE, HE PREVIOUSLY SERVED FLORIDA IN VARIOUS LEADERSHIP POSITIONS: EXECUTIVE DIRECTOR OF THE FLORIDA DEPARTMENT OF ECONOMIC OPPORTUNITY (DEO), CEO AND PRESIDENT OF VISIT FLORIDA, AND THE SECRETARY OF THE FLORIDA DEPARTMENT OF BUSINESS AND PROFESSIONAL REGULATION (DBPR). LAWSON HAS ALSO HELD SEVERAL POSITIONS WITHIN LAW ENFORCEMENT AGENCIES AND BEGAN HIS LEGAL CAREER IN THE U.S. MARINE CORPS. HE IS A NATIVE FLORIDIAN AND GRADUATED FROM THE FLORIDA STATE UNIVERSITY IN 1987, WITH A B.A. IN INTERNATIONAL AFFAIRS AND FROM FLORIDA STATE UNIVERSITY COLLEGE OF LAW IN 1991.

2:00 – 2:15 PM BREAK

2:15 – 3:00 PM



HEALTH EDUCATION COMMISSION PRESENTS: WORKING FROM HOME... IT CAN BE A REAL PAIN IN THE NECK!” WENDY L. SMITH, PT, DPT, OCS, CLT-LANA, INDIAN RIVER STATE COLLEGE



MANY OF US HAVE BEEN THRUST INTO WORKING FROM HOME, AND DO NOT HAVE A DEDICATED OFFICE, LET ALONE ERGONOMICALLY DESIGNED OFFICE FURNITURE. THIS PRESENTATION WILL GIVE YOU TIPS ON HOW TO IMPROVE YOUR MAKESHIFT HOME OFFICE TO CAUSE LESS STRESS ON YOUR BODY AND DECREASE BACK AND NECK PAIN DUE TO POOR BODY MECHANICS.

3:00 – 3:15 PM

CAROLYN CARTER, ACCOUNT EXECUTIVE, INSCRIBE



INSCRIBE IS A DIGITAL STUDENT SUPPORT PLATFORM THAT LEVERAGES THE POWER OF COMMUNITY AND ARTIFICIAL INTELLIGENCE TO CONNECT STUDENTS WITH THE ANSWERS, RESOURCES, AND INDIVIDUALS THEY NEED TO SUCCEED. INSCRIBE’S DIGITAL COMMUNITIES CUT ACROSS THE TRADITIONAL SUPPORT SILOS IN HIGHER EDUCATION, GIVING STUDENTS A SINGLE PLACE TO TURN WHEN THEY NEED HELP—NO MATTER THE TOPIC OR TIME OF DAY. LEARN MORE ABOUT INSCRIBE AT [HTTPS:// WWW.INSCRIBEAPP.COM/](https://www.inscribeapp.com/)

3:15 – 4:00 PM

CAREER & PROFESSIONAL EMPLOYEES COMMISSION PRESENTS: “OVERCOMING THE EFFECTS OF VIRTUAL FATIGUE – DR. MIKE RONSI-VALLE, FOUNDER, LIVE WELL BEHAVIORAL HEALTH



PRIOR TO COVID-19, VIRTUAL FATIGUE WAS UNHEARD OF AND NON-EXISTENT FOR MOST OF US. NOW, MANY CITE VIRTUAL FATIGUE AS ONE OF THE GREATEST CHALLENGES IN THEIR EVERYDAY LIVES AND THE PAST YEAR “ZOOM FATIGUE” HAS BECOME ONE OF THE MOST SEARCHED PHRASES ON THE INTERNET. IN THIS SESSION, THE LIVEWELL TEAM WILL PROVIDE BOTH CLINICAL COMPREHENSION AND PRACTICAL APPLICATION FOR BETTER UNDERSTANDING AND OVERCOMING VIRTUAL FATIGUE. THIS SESSION WILL OFFER A LOOK INTO THE NEUROPSYCHOLOGICAL REASONS FOR SIMULATION EXHAUSTION, DISCUSS NOTED RELATIONAL AND SOCIAL IMPACTS OF VIRTUAL ENGAGEMENT, AND PROVIDE PRACTICAL TIPS ON HOW TO THRIVE THROUGH THE CHALLENGES OF VIRTUAL FATIGUE IN YOUR DAILY LIFE.

4:00 – 4:30 PM

DOOR PRIZES, COMMENTS, ADJOURNMENT

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