

# AFC Annual Conference Service Project

## Child Life Department at Arnold Palmer Hospital

Play is an important part of every child's life — it is the way they learn about the world. During times of stress, such as hospitalization or medical treatment, play, music and activity can provide a safe and familiar outlet for a child's or teen's emotions. Preparation and support for experiences will also help children and teens understand what to expect, correct any misunderstandings they may have about their experiences, and help them build healthy coping skills to promote long-term resilience.

## Holiday Wish List Suggestions

### General Requirements

We ask that all items be new, unwrapped and in original packaging  
(If batteries are required, please provide them with the toy)

We need items that can fit inside of a king size pillow case (along with other toys)

Please only donate things that can be played with in bed (no outdoor toys /very large items please)

We ask that all toiletry type items be only travel size (no large containers please)

### TOYS, GAMES, GENERAL SUPPLIES NEEDED FOR SANTA SACKS:

- Infant items such as rattles, music related items, socks, etc.
- UNO and regular cards
- Toddler Items such as board books, cause and effect toys, soft dolls, trucks and cars (nothing too large)
- Connect 4 and other board games (small travel sizes)
- Puzzles (10-100 pieces only)
- Small Lego kits
- Interactive figurines (light-up and make noise): Ninja Turtles and van, Transformers, Spiderman, Batman, Captain America, Superman, Iron Man, Toy Story
- Regular figurines: land/water animals, paw patrol, Disney characters, doll house people, trains, planes, cars, current popular action figures
- Self-contained (all-in-one) craft kits (beading kits, bracelet kits, model car or planes, weaving, etc...)
- Crayons, markers, colored pencils and activity books (coloring, word search, etc...)
- 1 oz. containers of playdough
- Jewelry sets, nail polish sets, small travel size toiletry sets for girls
- Popular and well known college or local sports memorabilia (travel cups, caps, etc...): UCF, UF, FSU, UM, Solar Bears, Orlando City Soccer
- Fun Socks or slippers (with the rubber-type grippers on the bottom for no slippage)

- \$10 Gift Cards: Target, Walmart, Starbucks, Taco Bell, Chipotle, Panera, Jimmy Johns, Subway, Dunkin' Donuts, Chick-fil-A, McDonalds, GameStop, Aeropostale, Bath and Body Works, Jeremiah's Italian Ice, Tijuana Flats, etc...
- Neck pillows for teens
- Music related items for older kids such as headphones, ear buds, and over the ear headphones (we usually get a lot of ear buds but not as many over the ear headphones), Blue Tooth Speakers, CD players/radios with small speakers, Harmonicas, Ukuleles
- Young child music toys such as small maracas, drums, castanets, etc.
- Magazine Subscriptions: American Girl Doll, ESPN Sports, People, Us Weekly, Teen Vogue, Seventeen, Motorcycle, Cosmo Girl (sent to the hospital address below so that we can place in the teen lounge)

### CRAFT SUPPLIES:

- 9in X 12in blank canvas'
- Neon colored acrylic paints and Crayola Window Crayons
- 4-pack Crayola crayons, 8-pack thin markers, packs of colored pencils
- Small craft sets: (beading kits, bracelet kits, model car or planes, weaving, etc..)
- ArtMinds Candle Making Paraffin Wax
- ArtMinds Soap Making Clear Glycerin Soap 2lbs
- ArtMinds Colorant Red, Blue, Yellow, Lilac, Peach, Seafoam
- ArtMinds Soap Fragrance Tropical Temptation (Lavender)